

You are Invited to Attend Dream it, Do it! Day Camp!

for Youth With Disabilities & Chronic Illness Ages 18 –25

July 13-17, 2009

Hosted at the Oregon Zoo, Portland OR:



Learn How To:

- Live a Healthy Lifestyle!
- Be More Independent!
- Eat Right!
- Develop Your Own Exercise Plan!
- Take Charge of Your Healthcare!
- Make Friends!

For application and registration information:

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Sponsored by: Emerging Leaders Northwest
<http://www.emergingleadersnw.org>

